



## Cosmetic Medical History

All questions contained in this questionnaire are strictly confidential and will become part of your medical record. All questions must be answered. Failure to do so will result in an inaccurate medical record and may affect your insurance processing. PLEASE ASK if you have any questions.

Date: \_\_\_/\_\_\_/\_\_\_

Your Name: (Last, First, MI) \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_

How do you identify yourself: (Place an "X") Male \_\_\_ Female \_\_\_ Other \_\_\_

Pharmacy – Name: \_\_\_\_\_ Location: \_\_\_\_\_

**PLEASE CIRCLE BELOW ALL MEDICAL DIAGNOSES YOU HAVE:**

PAST MEDICAL HISTORY				
Diabetes	Heart Disease/Congestive Heart Failure	Hepatitis/Liver Disease	Hypertension (high blood pressure)	Kidney Disease
Migraines	Lung Disease	B12 deficiency	Restless Legs	HIV
Arterial Disease	Stroke	Cancer	Hole in your heart (Patent Foramen Ovale)	Pacemaker
Anemia	Lymphedema	Asthma	Arthritis	OTHER: _____

**PLEASE CIRCLE THE ANSWER THAT FITS YOU – FEMALES ONLY:**

PAST MEDICAL HISTORY: PREGNANCY/NURSING HISTORY						
QUESTION	ANSWERS					
1. Are you nursing?	Yes	No				
2. Are you planning more children?	Yes	No				
3. Are you Pregnant?	Yes	No	If yes, which Trimester?	First	Second	Third
4. How many pregnancies have you had?	# _____	How many C-sections?	# _____	How many Vaginal Deliveries?	# _____	
5. Have you had a blood clot from pregnancy?	Yes	No				



5. Do you use chewing tobacco?	Yes	No			
6. If you smoke:	What age did you start? age _____	How many packs per day? _____ packs/day	Have you thought about quitting?	Yes	No
7. If you are a FORMER Smoker:	How long did you smoke? _____ years	At what age did you start? age _____	How packs per day? _____ packs/day		
8. Marital Status?	Married	Unmarried	Divorced	Widowed	Other _____
9. Do you have children?	Yes	No	If yes, how many children? _____		

**CURRENT MEDICATIONS** (please include all over the counter and supplements)

Name	Strength	Frequency (how often)

**ALLERGIES**

Medication/Food	Type of reaction (rash, hives, etc.)	<b>CIRCLE</b> severity of reaction
		mild    moderate    severe
		mild    moderate    severe
		mild    moderate    severe
		mild    moderate    severe

**FITZPATRICK CLASSIFICATION SYSTEM** (Please **check** which applies)

Skin Type	Skin Color	Characteristics
___ I	White	Always burns, never tans
___ II	White	Usually burns, never tans
___ III	White	Sometimes mild burn, tans about average
___ IV	White	Rarely burns, tans more than average
___ V	Brown	Rarely burns, tans perfectly
___ VI	Black	Never burns, deeply pigmented

**SKIN TYPE:**

Does your skin ever flake or feel tight and dry?                      Frequently      Occasionally      Rarely

Is your skin shiny a few hours after cleansing?                      Frequently      Occasionally      Rarely

How often do you experience blackheads or blemishes?              Frequently      Occasionally      Rarely

How noticeable are your pores?    Very                      Not Very

**For Microdermabrasion/HydraFacial:**

Have you seen a dermatologist for your skin? [ ]Yes [ ]No

Have you ever had laser surgery, microdermabrasion or peels? [ ]Yes [ ]No If so, when? \_\_\_\_\_

What type of skin products are you using now? \_\_\_\_\_

Have you ever had Botox/Collagen fillers? [ ]Yes [ ]No If so, when? \_\_\_\_\_

Have you ever had skin cancer? If yes, where and what treatments? \_\_\_\_\_

**For Hair Reduction/Electrolysis:**

What color is the hair of concern: \_\_\_\_\_ What area needs treatment: \_\_\_\_\_

Do you shave? [ ]Yes [ ]No Do you pluck? [ ]Yes [ ]No Do you use a cream for hair removal? [ ]Yes [ ]No

**For any skin conditions (redness, rosacea, pores, wrinkles, etc.):**

Do you have rosacea? [ ]Yes [ ]No If yes, what have you tried and for how long? \_\_\_\_\_

Do you have acne? [ ]Yes [ ]No Is it cystic? [ ]Yes [ ]No Do you have scars? [ ]Yes [ ]No

What have you tried in the past?(creams, prescriptions, treatments, etc.)\_\_\_\_\_

What are you concerned about with your skin? (wrinkles, pores, dryness, oily, etc.)\_\_\_\_\_

What current products do you use on your skin (face wash, creams, etc – prescription and over the counter):  
\_\_\_\_\_

**For Tattoo Removal:**

When did you get your tattoo? \_\_\_\_\_ Location(s) on body of tattoo to be removed \_\_\_\_\_

**Please circle Yes/No:**

Black Tattoo	Ye s	N o	Keloid Scars	Ye s	N o	Tanning within the last 6 weeks	Ye s	N o	Did you have an allergic reaction to your tattoo?	Ye s	N o	Hypersensitivity to skin products	Ye s	N o
Color Tattoo	Ye s	N o	Hives	Ye s	N o	Use of acne products/drugs	Ye s	N o	Steroid use?	Ye s	N o	Skin infections	Ye s	N o
Professional Ink	Ye s	N o	Skin Cancer	Ye s	N o	Photo sensitizing substances	Ye s	N o	Any Previous Tattoo Removal	Ye s	N o	Homemade Ink	Ye s	N o

Waxing	Ye s	N o	Cold sores	Ye s	N o	Needle phobia?	Ye s	N o	Autoimmune medications?	Ye s	N o	Electrolysis to area	Ye s	N o
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**For Microneedling with Radiofrequency (Secret RF):**

What are your concerns? Acne, pores, wrinkles, scars, etc. \_\_\_\_\_

What other treatments have you have had to address your concerns? \_\_\_\_\_

Do you have a pacemaker? Yes or No (Circle one)

Have you had microneedling done before or do you use a device at home? \_\_\_\_\_

Do you want Nitrous for your treatment? (\$25 additional) Yes or No (Circle one)

**For TruSculpt Treatments:**

Are you looking for fat reduction or muscle building? \_\_\_\_\_

Areas you would like treated? Please circle below:

Lower Abdomen	Upper Abdomen	Right Flank	Left Flank
Back	Bra Bulge	Arms	Front of Legs
Back of Legs	Inner Thighs	Outer Thighs	Buttocks

Have you had treatments to these areas before? If yes, when: \_\_\_\_\_

Thank you for providing this important information about your medical history. Please be advised that completing preliminary health and insurance questionnaires does not establish a physician-patient relationship with this practice. Dr. Aggarwal and the staff will review your health history and conduct an initial evaluation to determine whether you are a suitable candidate and whether the practice will accept you as a patient.

**Responsible Party Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Relationship to Patient (if other than self): \_\_\_\_\_

**Notes:** \_\_\_\_\_  
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